

**EXAMPLE OF PATIENT INVITE LETTER**

**GP NAME & ADDRESS  
TELEPHONE NUMBER**

**Dear .....**

We would like to invite you to attend a Diabetes Clinic run by our practice nurse.

The aim of the clinic is to review your treatment, monitor your symptoms and offer lifestyle advice where appropriate. I am sure you are aware of the importance of good control of your diabetes.

Please can you attend for a blood test on ..... either at the surgery or your local hospital. This blood test should be done **fasting** (unless you are on insulin), that is, you should have nothing to eat or drink, except water and your tablets, for 10 hours before your test.

The enclosed bottle is for you to provide a sample of your urine which will be tested to see if your diabetes is affecting your kidneys. An early morning sample is required for this test. Please take this sample with you when you attend for your blood tests.

If you are on diabetic tablets, OMIT your diabetic tablets on the morning of the test, attend for the blood test, then have your breakfast and diabetic tablets as soon as possible after the test has been taken.

If you are on insulin, have your insulin and breakfast normally on the day of the test, but inform the person who is taking the blood test of this.

Please also complete the enclosed diet sheet, entering what you eat on a usual day.

Then attend your clinic appointment on ..... at ..... o'clock.

**If you are unable to keep this appointment please ring and make another appointment at your earliest convenience.**

Yours sincerely,